



10 year fracture risk %

Major osteoporotic fracture (clinical spine, forearm, hip or shoulder fracture)/Hip

RISK FACTORS	Zero			One			Two		
	-1.5	-2.5	-3.5	-1.5	-2.5	-3.5	-1.5	-2.5	-3.5
Female									
50	4	5/1	9/4	6	8/2	14/7	8	12/3	21/11
60	7	10/2	16/6	10/1	14/3	23/9	14/1	20/5	32/14
70	9/1	13/3	21/7	12/1	18/4	30/11	16/2	25/6	41/16
80	13/3	18/6	29/14	17/6	26/12	40/24	24/10	35/20	52/37
Male									
50	4	5/2	11/6	5	8/3	16/10	8/1	12/5	24/16
60	6/1	9/3	15/8	8/1	12/4	21/11	12/2	18/6	29/17
70	6/2	10/4	16/8	9/3	14/6	22/13	12/4	19/10	31/20
80	7/3	11/5	16/9	11/5	16/9	23/16	15/9	22/15	32/25

Risk factors - Previous fracture "atraumatic", Parent hip fracture, Smoker, Rheumatoid arthritis, Glucocorticoids - now or more than 3 months, >3 drinks a day

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WHO Fracture Risk Assessment Tool